# MALAYSIA eASTCOASTREGION <br> Pahang Terengganu Kelantan 



TKADITIONS. BEACHES. HIGHLANDS. MAKE YOUR DKEAMS COME TKUE!

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## WELCOME TO THE EAST COAST REGION

Imagine an idyllic island surrounded by the azure waters of the South China Sea, or a pristine tropical rainforest with rare, exotic plants and towering trees. Imagine invigorating hill resorts or charming coastal villages with fascinating cultural pursuits. Such places are not only found in dreams. In the East Coast Region in Peninsula Malaysia, dreams can become a reality.

The East Coast Region offers a lovely assemblage of nature, culture and a laidback atmosphere. There are three states in this region - Pahang, Kelantan and Terengganu. While Pahang is the most developed of the three states, Kelantan and Terengganu beckon with more rural landscapes and an old-world charm. Visitors who are familiar with the peninsula's west coast will notice a distinct difference in the east coast. Here, time seems to move at an unhurried pace and the busy city life makes way for a laidback lifestyle.

Within this region resides Taman Negara, a 130-million-year-old rainforest. Much to the delight of sun-seekers, the internationally-famed islands ofTioman, Perhentian, Redang and Lang Tengah offer exotic getaways and unforgettable undersea adventures. A number of Asia's premier hill resorts, such as Genting Highlands and Cameron Highlands, are also among the region's remarkable assets.

Filled with unique attractions, the East Coast Region is an oasis of serenity, perfect to unwind and relax in. Be enchanted by the magic of the East Coast Region.

## PAHANG

Pahang is the largest state in Peninsular Malaysia. Nearly two-thirds of the state is enveloped in verdant rainforest, making it a magnificent enclave of lush greenery, exotic wildlife and natural treasures.

Its magnificent natural attractions include Taman Negara, a 130-million-year-old rainforest as well as animal sanctuaries, parks, lakes and waterfalls. Other natural gems include Endau-Rompin State Park and Tioman, an idyllic island.

Pahang's capital city is Kuantan, a bustling township with interesting sights.

Come, enjoy this Gift of Nature today!

## MAP OF PAHANG



## places of interest



## TAMAN NEGARA

Taman Negara, Malaysia's premier national park, is a haven for a diversity of plants, animals, birds, butterflies, insects and fish. Unique attractions in this 434,350ha park are ancient trees with giant buttresses, limestone caves, waterfalls and jungle-clad mountains. Taman Negara straddles across all three states in the east coast region - Pahang, Kelantan and Terengganu. However, over half of its total area, including the park headquarters, is located in Pahang.

## Must do:

- Stroll along the world's longest canopy walkway
- Go jungle trekking
- Try river cruising or canoeing
- Visit the Orang Asli Village (indigenous people)
- Watch nocturnal animals from the observation hides
- Explore the ancient caves
- Climb Gunung Tahan, Peninsular Malaysia's highest mountain
- Go birdwatching to see 350 species of birds

There are four entry points to Taman Negara; via Kuala Tahan or Sungai Relau in Pahang, Kuala Koh in Kelantan and Tanjung Mentong in Terengganu. Each entryway offers different activities and attractions. Permits and licences can be obtained from the Department of Wildlife and National Parks (PERHILITAN). Accommodation is available.

## Department of Wildlife and National Parks

Tel: 0390866800 (Kuala Lumpur)
095176111 (Pahang)
097416240 (Kelantan)
096221460 (Terengganu)


Estimated to be 130 million years old,

## Taman Negara

is one of the oldest
rainforests in the world.


## TIOMAN ISLAND

Hailed as one of Southeast Asia's finest beach getaways, Tioman beckons with aquamarine waters, spectacular coral formations, diverse marine life and a rustic charm. Tioman lies about 56 km off the coast of Pahang. The main staging points are Tanjung Gemok in Pahang and Mersing in Johor. The journey takes about one hour. Berjaya Air offers direct air links to the island from Kuala Lumpur and Singapore. Accommodation ranges from a five-star resort to beach chalets.

## Must do:

- Snorkel alongside parrotfish, clownfish, angelfish and many more
- Dive at the Marine Park Centre
- Go island-hopping
- Take a two-hour trek that cuts across the island
- Visit the Asah Waterfall
- Have a picnic at Monkey Bay
- Rent a bicycle to explore the villages
- Scale Mount Kajang, the highest peak on the island
- Try rock climbing at the granite boulders
- Go golfing
- Rejuvenate at the spa

Tel: Tioman Development Authority 095141206 (Pahang) / 094191242 (Tioman)
Marine Park Department - Kuala Rompin 094140532
Marine Park Department - Tioman 094141595
Website: www.dmpm.nre.gov.my


Standing at 690m,

## Gunung Nenek

## Semukut in Tioman

is Malaysia's
highest freestanding spire. Its pinnacle resembles the profile of an old lady.


## CAMERON HIGHLANDS

Escape to a cool, picturesque getaway! Situated at an elevation of $1,524 \mathrm{~m}$ above sea level, this refreshing retreat is characterised by undulating valleys, sprawling tea plantations, terraced flower gardens and vegetable farms. This is the largest hill resort in Malaysia. The main towns are Ringlet (situated at the base), Tanah Rata (the administrative centre with the most number of chalets and backpackers' inns) as well as Brinchang (situated further up, with major hotels and restaurants). Cameron Highlands is accessible via Tapah in Perak, Gua Musang in Kelantan or Sungai Koyan / Pos Betau in Pahang ( new route via Raub ).

## Must do:

- Visit the tea plantations
- Enjoy a steaming cup of tea with scones
- Buy fresh blooms at the flower gardens
- Sample fresh strawberries and homemade jam
- Visit a cactus farm or vegetable farm
- Enjoy golfing against a spectacular backdrop
- Trek into the fantasy-like Mossy Forest
- Go mountain hiking
- Visit the MARDI Research Station



## ENDAU-ROMPIN STATE PARK

The untouched wilderness at the Endau-Rompin State Park is one of the country's last remaining lowland dipterocarp forests. This is the second-largest national park in the peninsula and it straddles across the states of Pahang and Johor (in the southern region). Spread over 80,000ha, the park is home to a plethora of exotic plants and animals. Within the area, the nearly-extinct Sumatran rhinoceros, tigers, elephants and tapirs roam free. To protect the environment, only certain areas of the huge park are open to tourists. Permits must be obtained before entering this nature reserve. Trekkers are advised to get the services of forest rangers.

## Must do:

- Go trekking to discover the rare plants
- See animal footprints at the salt licks
- Delight in spotting nearly 200 species of birds
- Enjoy a dip at the waterfalls
- Try rapid shooting
- Explore the caves

Tel : 0137071997 / 0139831997 / 0129220044 (Rompin Green World)
Tel : 094145204 (Rompin Forestry Department)


## NATIONAL ELEPHANT CONSERVATION CENTRE Kuala Gandah

One of the best attractions in the state, this centre offers a chance for visitors to come up close with Malaysian elephants (Elephas maximus). Established in 1989, the centre is dedicated towards rescuing and translocating elephants. The centre is the only one of its kind in the country and it aims to educate the public on the importance of conservation and protection. The best times for a visit are when the elephants are fed or taken to the nearby stream for a bath. Activities are held from 2.00pm to 3.45pm. Kuala Gandah is situated about 40km from Bentong.

## Must do:

- Watch the presentation on elephant rescue
- Enjoy an elephant ride
- Help out to bathe the elephants
- Try your hand at feeding the jumbos


## Admission is free.

Tel: 092790391


## GENTING HIGHLANDS

Gear up for round-the-clock entertainment and excitement! Perched some 1,800m above sea level, Genting Highlands is tremendously popular among locals and visitors for its outdoor and indoor theme parks. Accommodation is aplenty but prior reservations must be made during peak seasons. Genting Highlands is easily accessible from Kuala Lumpur via the Karak Highway. It is about 51 km northeast of Kuala Lumpur or about an hour's drive. Daily bus services to Genting are also available from the KL Sentral Station in Kuala Lumpur.

## Must do:

- Enjoy a cable car ride
- Get an adrenalin rush at the theme parks
- Try out Sky Venture, Asia's first skydiving simulator
- Visit the Snow World
- Try your luck at the casino
- Watch live performances
- Stroll around and enjoy the cool, misty air
- Go horse riding
- Visit strawberry farm (www.gentingstrawberry.com)



## FRASER'S HILL

Nestled prettily amidst the Pahang rainforest is the little hamlet of Fraser's Hill. Akin to a little Scottish village, Fraser's Hill is characterised by granite coloured mock-Tudor houses and colonial-style buildings. The hill resort exudes a nostalgic charm, almost as if visitors have been taken back in time, to a bygone era. At $1,524 \mathrm{~m}$ above sea level, the highland resort is a naturalists' paradise boasting a wide range of plants, birds and animals. Fraser's Hill is ideal for visitors who are interested in gentler pursuits.

## Must do:

- Enjoy observing a variety of birds
- Go horse-riding
- Stroll along the scenic routes, flower gardens and parks
- Play a round of golf
- Trek along the nature trails

Tel: 095171623 / 24
(Fraser's Hill Development Corporation)

> One of Malaysia's premier locations for birdwatching, this hill resort is the venue for the annual Fraser's Hill International Bird Race.


Fraser's Hill derives its name from Louis James Fraser, a Scottish trader who mysteriously disappeared here in 1916.

## TRADITIONAL WEAVING

Pekan and Kuantan
One of the state's most prestigious products is the Kain Tenun Pahang, a fabric that is handwoven using time-honoured methods.

Set within a well-landscaped area dotted with Malay traditional-style buildings, Pulau Keladi Cultural Village in Pekan is an excellent place to watch how this exquisite craft is created. Within the area lies another attraction, the birth place of Tun Abdul Razak (Malaysia's second Prime Minister and father of the present Prime Minister).

Traditional weaving can also be seen at Kuantan. Visitors can watch how the fabric is woven or purchase it as a souvenir.


## BERJAYA HILLS

If you have always wanted to see various cultures of the world in a single destination, then Berjaya Hills gives you the chance to do just that. Nestling serenely against 16,000 acres of rugged hills surrounded by the tropical rainforest, Berjaya Hills beckons with three different settings.

The main draw here is the French-style Colmar Tropicale, a replica of the original 18th century Colmar Village in Alsace, France. Tucked away higher up is the Zen-inspired Japanese Village. The third and newest attraction here is the Chateau Spa \& Wellness Resort, a French themed boutique hotel and spa modelled after an 18th century medieval castle in France. Berjaya Hills is situated about 10 km off the East West Karak Highway. It is a mere 60 minutes drive from Kuala Lumpur.

## Must do:

- Stroll around the cobblestoned courtyard
- Dine at the French restaurants
- Experience the Japanese tea ceremony
- Indulge in a hot bath at Tatami Spa
- Tee off at the 18 -hole golf course
- Cuddle the adorable rabbits at the Rabbit Park
- Go horse-riding

Website: www.berjayahills.com.my


## CHERATING BEACH

Fringed by the waters of the South China Sea, Cherating Beach offers a quiet holiday amidst a rustic atmosphere. The shore is lined by hotels and resorts catering to all budgets, from backpacker's inns to luxury beach resorts. Just nearby is Kampung Cherating, a tranquil Malay village that sits prettily amidst swaying palms and tropical vegetation. Cherating Beach is about 47 km north of Kuantan. Other popular beaches in the vicinity are Chendor, Teluk Chempedak and Balok.

## Must do:

- Go catamaran sailing
- Try kayaking
- Brave the waves and go windsurfing
- Watch fascinating cultural activities at the Cherating Cultural Complex
- Visit the Turtle Sanctuary
- Take a river cruise along the mangroves
- Watch how crafts are made at the Cherating Village



## THE ROYAL TOWN OF PEKAN

Pekan, Pahang's Royal Town, has a number of distinguished attractions that reflect the state's glorious past. The Sultan Abu Bakar Palace or Royal Palace is an impressive sight even from afar. At the Sultan Abu Bakar Museum, visitors can view a collection of exhibits on the state and its esteemed royal family. Other treasured items in the museum include antiques, ceramics and glassware. Pekan is situated on the banks of the Pahang River, about 50 km south of Kuantan.


## HOMESTAYS

Pahang has one of the highest number of homestay villages in the country. The state's vast wilderness and natural attractions make a homestay experience here lively and adventurous.

Among the homestay villages in the state are:

- Desa Murni , Temerloh
- Kampung Taman Sedia , Cameron Highlands
- Kuala Medang , Kuala Lipis
- Rumpun Makmur, Temerloh
- Sungai Pasu, Raub
- Kampung Baru Salong , Pekan
- Kampung Leban , Rompin
- Sri Makmur, Kuantan
- Janda Baik, Bentong
- Pantai Sepat 2 , Kuantan
- Jengka 25,Temerloh

- Kampung Sungai Lembing , Kuantan


## SUNGAI LEMBING MUSEUM

Dubbed as the 'El Dorado' of the Malay States, Sungai Lembing used to be the largest producer of tin-ore in Pahang. In its heyday, this serene township was the site of the largest subterranean tin mine in Southeast Asia.The Sungai Lembing Museum takes visitors back to this glorious era, with exhibits such as mining equipment and workers' attire. The collection of furniture and household items give a glimpse into the lifestyle of the English community that once lived here. Don't miss the diorama, reputed to be among the best in the country.

Opening hours : $09.00 \mathrm{am}-5.00 \mathrm{pm}$
Open daily
Closed on Hari Raya Aidilfitri \& Aidiladha
Free admission
Tel : 095412378


## DEERLAND PARK Lanchang

Adorable deer, ostriches and peacocks are among the 'stars' at this delightful park. The 4.5ha park is a sanctuary for these animals that roam freely amidst the tropical vegetation. Similar to a petting zoo, visitors can feed the animals with sweet potatoes and food given by the staff. Much of Malaysia's herbs and medicinal plants are also found here and a walk along the Herb Trail gives visitors a chance to take a closer look. Accommodation is available at the Bukit Rengit Institute of Conservation Biodiversity.

Opening hours: 10.30 am - 5.30pm ( daily ) Closed on Friday



Tucked away amidst acres of plantations and orchards, this resort serves as a refreshing getaway for visitors who wish to learn more about agriculture. Relax while you inhale the clean, fresh air and hear the chirping of birds. The resort is situated about 17 km from the Jerantut town.

## Must do:

- Savour tropical fruits such as durian, rambutan and dragon fruit
- Visit the cocoa, coffee, oil palm and rubber plantations
- Go caving at the Kota Gelanggi Cave Complex
- Go canoeing, boating or fishing
- Enjoy outdoor team-building activities

Tel: 094718300


## THERE'S MUCH MORE IN PAHANG

Kuantan, the capital city, has a number of interesting tourist spots. Balok and Cherating are beaches that bustle with many lively attractions. More natural treasures await at Kuala Krau, Raub and Temerloh.


## Kuantan

- Kuantan River Cruise
- Teluk Chempedak
- Muzium Seni (Art Museum)
- Sultan Haji Ahmad Shah Mosque
- Sultan Haji Ahmad Shah Silver Jubilee Agricultural Park


## Balok

- Balok Recreation Centre
- Natural Batik Village
- Beserah Fishing Village
- Batu Hitam Beach


## Cherating

- Cherating Village
- Chendor Turtle Hatchery and Conservation Centre
- Chendor Beach


## Away from Kuantan

- Charas Cave
- Sungai Pandan Waterfall
- Pahang Crafts Complex
- Bukit Gambang Resort City
- Bukit Tinggi


## Kuala Krau

- Seladang Conservation Centre

Lake Chini
Lake Bera
Kuala Rompin

- Lanjut Beach
- Hiburan Beach


## Temerloh

- Gunung Senyum Caves


## Kuala Lipis

- Bandar Lipis (historical buildings)
- Malaysia's zero milestone signage
- Sungai Relau Kelah Sanctuary
- Kenong Rimba Park


## Raub

- Jeram Besu
- Lata Berembun Waterfall
- Lata Jarum Waterfall


## SHOPPING \& DINTNG

## Shopping

Shopping for souvenirs is an exciting experience in Pahang. There are souvenir stalls in almost every town in the state, especially in areas around Kuantan, Cherating and Pekan. Shopping malls in Kuantan include the East Coast Mall, Teruntum Complex, Kuantan Parade, Berjaya Megamall and Kuantan Plaza. Visitors in search of novelty items and unique buys can visit the pasar malam or night markets. Get a range of souvenirs from crafts made of pandanus leaves to woodcarvings and batik.

Among the popular shopping spots in Pahang are:

- Craft Complex , Jalan Pintasan
- Sungai Karang
- Cherating Village
- Pahang Silk Weaving Centre , Pulau Keladi
- Batik RM , Tanah Putih


## Dining

A diverse variety of Malay, Chinese and Indian food add colour and variety to Pahang's culinary scene. Continental food is available in major hotels and restaurants and fast food is easily found in various parts of the state. Adventurous visitors can enjoy Pahang's local delights that appeal with a tantalising aroma and taste. A number of dishes are said to have royal origins as they were specially created by the royal chefs of yesteryear. Destinations such as Jerantut, Lipis, Temerloh and Pekan are regarded as the places to sample authentic Pahang food. Seafood lovers should not miss a visit to Temerloh, famed as Bandar Ikan Patin or 'the town of silver catfish':



Try these local favourites:
Mi Calong - A noodle dish served with spicy seafood gravy, Mi Calong is a delicious treat at any time of the day.

Laksa Pahang - Noodles and meat are cooked to perfection and served with a piquant gravy. Although laksa is available in other parts of the region, Laksa Pahang gets its unique taste and flavour from the special ingredients and special method of preparation.

Opor Pahang - Made of beef, mutton or lamb, this spicy dry dish is cooked with spices and coconut milk. Opor Pahang is best savoured with white rice or fragrant buttered rice.

Puding Raja - Hailed as a royal favourite, this delectable dessert is made with a medley of bananas, prunes, dates, cherries and cashew nuts. The ingredients are then served in a thick creamy sauce made of condensed milk, corn flour and eggs. The taste? Utterly delicious!

Nasi Periuk Kera - A rare treat, nasi periuk kera literally means 'pitcher plant rice'. This is a recipe from the state's indigenous communities. A special variety of pitcher plant is sourced from the rainforest, cleaned and used as a mould to cook rice.

## Restaurants in Pahang

## Malay

Gerai Kak Mek
No. C-1, Lurah Semantan
Temerloh
Tel: 092965602

## Kampong

Genting Hotel
Genting Highlands
Tel: 0361011118
Paksu Seafood Restaurant
4/1417, Batu 6, Lot 922
Kg. Bahagia Beserah
26100 Kuantan
Tel: 095448025

## Restoran dan Kafe Santai

Lot 29573
Jalan Tanjung Lumpur
26060 Kuantan
Tel: 0192857541 / 0123741176
Terminal Satay Zul
A 2600, Jalan Alor Akar
25250 Kuantan
Tel : 095381253

## Restoran Ratu Rasa

No.38, Bangunan UMNO
Jalan Dato' Abdullah
27600 Raub
Tel : 0196494691

## Chinese

Soo Ser Yen (Vegetarian)
B94-98, Ground Floor Jalan Dato' Lim Hoe Lek 25200 Kuantan
Tel : 095136889 / 0169222299

## Mexica Garden Restaurant

A1, Lorong Tun Ismail 2
25000 Kuantan
Tel : 095159248 / 095148686
www.mexicagarden.com.my
Swan Seafood
Ground Floor
Hotel Grand Continental
Jalan Gambut
25000 Kuantan
Tel : 095136820

## Kum Leng Restaurant

E 899, Jalan Bukit Ubi
25200 Kuantan
Tel : 095134446

## Indian

Nachi's Indian Cuisine
No 12, 1st Floor
Jalan Mahkota
25000 Kuantan
Tel : 095143404 / 0199775528
GC Curry House
No.B-132
Taman Gembira
Jalan Air Putih
25300 Kuantan
Tel : 095684454
Aliff Curry House
Jalan Mahkota
25000 Kuantan

The above listing is not exhaustive

## EVENTS

Enjoy a host of exciting events all year-round! Pahang has an interesting variety of events, from sporting activities to an internationally acclaimed birdwatching competition.

| Event | Month | Venue |
| :--- | :--- | :--- |
| Kuantan Mountain Bike Challenge | April | Bukit Pelindung, Kuantan |
| Fraser's Hill International Bird Race | June | Fraser's Hill |
| Royal Pahang Billfish International Challenge | August | Rompin |
| International Pahang River Rafting Expedition | May | Lipis - Pekan |

## ESSENTIAL INFORMATION

## ACCOMMODATION

Pahang has a wide range of accommodation which suits all preferences and budgets. Visitors can choose from fivestar international resorts at major destinations such as Genting Highlands, Berjaya Hills and Cameron Highlands as well as at the beaches. Backpackers and budget travellers can easily find youth hostels, dormitories and beach chalets. Places such as Fraser's Hill are known for their charming cottages and Tudor-style bungalows.

## Bandar Jengka

Mercu View Resort
Tel: 094675650

## Bentong

D' Ark Training \& Resort
Tel: 092330193
www.darkresort.com
Hotel Kristal *
Tel: 092232118

## Berjaya Hills

Berjaya Hills Golf \& Country Club *****
Tel: 092888890
www.berjayahills.com
Berjaya Hills Colmar Tropicale *****
Tel: 092888888
www.berjayahills.com
Selesa Resort ***
Tel: 0340426035 / 6931 / 6932
www.selesa.com.my

## Cameron Highlands

Casa De La Rosa Hotel ****
Tel: 054911333
www.hotelcasadelarosa.com.my
Country Lodge Resort **
Tel: 054911811
Equatorial Resort ****
Tel: 054961777
www.equatorial.com
Heritage Hotel ${ }^{* * * *}$
Tel: 054913888
www.heritage.com.my
Cameron Highlands Resort *****
Tel: 054911211
www.cameronhighlandsresort.com
Rainbow Garden Hotel **
Tel: 054914628
www.cameronpremierhotels.com.my
Rosa Pasadena Hotel ${ }^{\text {*** }}$
Tel: 054912288
www.cameronpremierhotels.com.my

Century Pines Resort ***
Tel: 054915115
www.thongsin.com
Star Regency Hotel Apartments
Tel: 054915135
www.star-regency.net
Strawberry Park Resort ****
Tel: 054911166
www.strawberryparkresorts.com
The Cool Point Hotel ***
Tel: 054914914
The Lakehouse
Tel: 054956152
www.lakehouse-cameron.com
The Smokehouse
Tel: 054911215
www.thesmokehouse.com.my

## Cherating

Club Med Cherating Beach *****
Tel: 0321614599
www.clubmed.com.my
Holiday Villa Cherating ****
Tel: 095819500
www.holidayvilla.com.my
Impiana Resort Cherating ****
Tel: 095819000
www.impiana.com
Residence Inn Cherating ***
Tel: 095819333
www.ric.com.my
Suria Cherating Beach Resort ***
Tel: 095819898
www.suriaresort.com
The Legend Resort, Cherating **** Tel: 095819818
www.legendgroup.com

## Fraser's Hill

Fraser Silverpark Resort ***
Tel: 093622888
www.fraserssilverpark.com

Fraser's Pine Resort
Tel: 093622122
www.thepines.com.my
Shahzan Inn ***
Tel: 093622300
www.shahzaninn.com.my
Ye Olde Smoke House ***
Tel: 093622226
www.thesmokehouse.com.my
Puncak Inn
Tel: 093622007

## Genting Highlands

Awana Golf \& Country Resort *****
Tel: 0361013015
www.awana.com.my
Genting Hotel ${ }^{* * * * *}$
Tel: 0361011118
www.genting.com.my
Genting View Resort ***
Tel: 0361002267
Highlands Hotel ${ }^{* * * * *}$
Tel: 0361011118
www.genting.com.my
Resort Hotel *****
Tel: 0361011118
www.genting.com.my
Seri Malaysia ***
Tel: 0361002525
www.serimalaysia.com.my
Theme Park Hotel ***
Tel: 0361011118
www.genting.com.my

## Jerantut / Taman Negara

Jerantut Hill Resort ***
Tel: 092672288
www.jhresort.com.my
Mutiara Taman Negara ***
Tel: 092663500
www.mutiarahotels.com

Nusa Camp Holiday Village
Tel: 092662369
www.tamannegara-nusaholiday.com.my
Rainforest Resort
Tel: 092667888 / 092667241 / 092667637

Felda Residence Tekam
Tel: 094718300
www.plantationresorts.com.my
Woodland Resort
Tel: 092661111
www.woodland.com.my
Teresek View Motel
Tel: 092669744

## Kuala Lipis

Lipis Centrepoint
Hotel \& Apartment **
Tel: 093122688
www.centrepointhotel.com.my
Lipis Plaza Hotel **
Tel: 093125588
www.lipisplaza.com
Pacific Hotel ${ }^{* * *}$
Tel: 093122788

## Kuala Rompin

Serai D'Lanjut Beach Resort *** Tel: 094145113
www.seraidlanjut.com.my
Rompin Beach Resort ***
Tel: 094141367
www.rbr.com.my
Seri Malaysia Rompin **
Tel: 094132723
www.serimalaysia.com.my
Summerset Colonial
Hotel \& Villas ****
Tel: 094141888
www.summerset.com.my

## Kuantan

Citiview Hotel ***
Tel: 095179988
Classic Hotel ${ }^{* * *}$
Tel: 095164599
De Rhu Beach Resort ***
Tel: 095579000
www.derhu.com.my

Black Stone Resort *
Tel: 095447822
www.blackstoneresort.com.my
Grand Champagne Hotel *
Tel: 095138822
Grand Continental Hotel ***
Tel: 095158888
www.dhihotels.com.my
Greenlast Hotel
Tel: 095563338
Hyatt Regency Hotel *****
Tel: 095181234
Website: kuantan.regency.hyatt.com
Duta Village Beach Resort ***
Tel: 095447900
www.dutaresort.com
M.S. Garden Hotel ****

Tel: 095177899
www.msgarden.com.my
Mega View Hotel ***
Tel: 095171888
www.megaview.com
Fantasia Beach Resort **
Tel: 095839009
www.fantasiabeachresort.blogspot.com
Seri Malaysia Kuantan **
Tel: 095136666
www.serimalaysia.com.my
Shahzan Inn Kuantan ***
Tel: 095136688
www.shahzaninn.com.my
Suraya Hotel **
Tel: 095164266
Swiss-Garden Resort \& Spa ****
Tel: 095447333
www.swissgarden.com
Vistana Hotel ****
Tel: 095178000
www.yt|hotels.com

## Maran / Temerloh

Green Park Hotel **
Tel: 092963333
www.greenpark.com.my
Seri Malaysia Temerloh **
Tel: 092965776
www.serimalaysia.com.my

## Mentakab

Bukit Bendera Resort *** Tel: 092782828
www.ijm.com

## Pulau Tioman

Babura Seaview Resort
Tel: 094191139
Berjaya Beach Golf \& Spa Resort *****
Tel: 094191000
www.berjayahotels-resorts.com
Genting Bayu Chalet
Tel: 094197039
Juara Beach Resort
Tel: 094193188
Minang Cove
Tel: 077997372
www.minangcove.com.my
Mukut Harmony Resort
Tel: 077993440
Nazri Beach Cabana (Nazri 11)
Tel: 094191375
Panuba Inn Resort
Tel: 094191424
www.panubainn.com
Paya Beach Resort
Tel: 074197100
www.payabeach.com
Salang Indah Resort
Tel: 094195015
Salang Pusaka Resort
Tel: 094195317
www.salangpusakaresort.com.my
Tioman Beauty Beach Resort
Tel: 077994678

[^0]
## TRANSPORTATION

## Getting There

By Air Malaysia Airlines operates daily flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Ahmad Shah Airport in Kuantan. The journey takes about 40 minutes. In addition, visitors can get to Pahang via Firefly, which operates from the Sultan Abdul Aziz Shah Airport in Subang.

By Road Kuantan is situated about 260km from Kuala Lumpur. There is a good network of roads linking the state to Kuala Lumpur, the capital city, as well as the neighbouring states of Kelantan and Terengganu. Visitors can self-drive from Kuala Lumpur and the journey takes approximately $31 / 2$ hours via the East Coast Highway.

By Bus Air-conditioned express buses to Pahang can easily be obtained from Kuala Lumpur. Buses depart from the Puduraya Bus Terminal or Hentian Pekeliling. Pahang is also well-connected to the neighbouring states of Kelantan and Terengganu.

By Rail Keretapi Tanah Melayu or Malayan Railway provides rail services to Mentakab and Kuala Lipis from Kuala Lumpur and Kota Bharu (in Kelantan).

## Getting Around

Getting around Kuantan is relatively simple with the easy availability of buses and taxis. Taxis are available at main hubs such as Kompleks Teruntum, Berjaya Megamall and Jalan Mahkota. To visit the outlying places in Pahang, visitors can board the outstation buses from Terminal Makmur. Alternatively, arrange with a tour operator.

## Getting to Pulau Tioman

Tioman is accessible by boat and ferry from Tanjung Gemok in Pahang and Mersing in Johor. The journey takes about $1 \frac{1}{2}$ hours. Berjaya Air operates daily direct flights to Tioman from the Sultan Abdul Aziz Shah Airport in Subang as well as from Singapore. The journey takes about one hour from Kuala Lumpur and 40 minutes from Singapore.

## USEFUL CONTACT NUMBERS

## Tourism Enquiries

Tourism Malaysia Pahang Office
Pahang Tourist Information Centre
Fraser's Hill Development Corporation
Tioman Development Authority

09517 7111/112/115
095161007
09517 1623/24 www.pkbf.org.my
095141206 www.tioman.gov.my

Transportation

| Malaysia Airlines | 1300883000 | www.malaysiaairlines.com |
| :--- | :--- | :--- |
| AirAsia | 600859999 | www.airasia.com |
| Firefly | 0378454343 | www.fireflyz.com |
| Kuala Lipis Railway Station | 093123277 |  |
| KTM Railway Services <br> (Headquarters in Kuala Lumpur) | 1300885862 | www.ktmb.com.my |
| Boat Services to Pulau Tioman <br> Bistari Gemilang <br> Quek's Services Sdn. Bhd. |  |  |
| Car Rentals 094131363 <br> Avis Rent A Car 094131969 <br> Hertz Rent A Car  <br> Clubclass Travel Network 1800882847 <br> General Enquiries 1800883086 <br> Telekom Malaysia Directory 095146603 <br> Telekom Malaysia Operator Assisted Calls 103 <br> Malaysian Immigration Department 101 <br> Emergencies 0388801000 <br> Police / Fire and Rescue Department 999 <br> Kuantan Police Station 095902222 |  |  |

## TERENGGANM

Hailed as the 'Gem of the East Coast', Terengganu is a magical destination steeped in culture and heritage. Its long coastline offers sweeping vistas of aquamarine waters fringed by white powdery sands. Away from the shores lie a cluster of islands that gleam invitingly in the South China Sea. Kuala Terengganu is the charming capital of this state.

Meandering rivers lit by the glow of fireflies, cascading waterfalls and sprawling lakes form some of the state's most impressive natural sceneries.

Home to charming coastal villages and a wealth of traditional crafts, Terengganu beckons with a grace and beauty that is distinctly Malay.

Come and experience the treasures of Terengganu!

## MAP OF TERENGGANM



## PLACES OF INTEREST



## ISLAMIC CIVILISATION PARK

## Pulau Wan Man

Sprawling over 33ha, the Islamic Civilisation Park is one of the state's most distinguished attractions. Featuring impressive edifices and intricate craftsmanship, the park takes visitors on a spellbinding tour of the finest in Islamic architecture. The park's icon is the glittering Crystal Mosque, a grand structure made of steel and glass. Take a stroll around the Monument Park, where visitors can view the replicas of 22 historical Islamic monuments found around the world. Among them are the Al-Hambra Citadel in Spain, Masjidil Haram in Saudi Arabia, Dome of the Rock in Palestine and Taj Mahal in India.

Monument Park opening hours:
10.00am - 7.00pm (Monday to Thursday)
9.00am-7.00pm
(Friday to Sunday, public/school holidays) Last admission is at 6.15 pm . The monument park is closed from $11.30 \mathrm{am}-2.30 \mathrm{pm}$ on Friday Admission fee:
Malaysian
RM15 Adult,
RM8 Child (age 7-12)
Non-Malaysian RM25 Adult, RM15 Child (7-12)
Special rates are available for senior citizens and groups.
Tel: 096278888
Website: www.tti.com.my
This is the
first theme
park in the
world to
showcase
Islamic
architecture.

## TERENGGANU STATE MUSEUM COMPLEX

Nestled amidst beautifully landscaped gardens, the museum offers a glimpse into the rich history of the state. It is touted as the largest museum complex in Southeast Asia, housing four main blocks, an adjacent Maritime Museum and five traditional houses.

Opening hours: 9.00am - 5.00pm daily
Closed from 12noon - 3pm on Friday
Admission fee:
Malaysian
RM5 Adult, RM2 Child (age 7-12)
RM1 Students in school uniform
Non-Malaysian
RM15 Adult, RM10 Child (age 7-12)
Tel: 096221444
Website: museum.terengganu.gov.my


## PULAU DUYONG

Traditional boat building activities are the main draw of this island. Fine, seaworthy vessels are created by local craftsmen using traditional boat-making methods. The vessels are sold both locally and internationally. Pulau Duyong is also the venue of the Monsoon Cup Terengganu, a prestigious international sailing event.

Watch how the skilled craftsmen build these boats entirely from memory, without the use of any blueprint.


TENGKU TENGAH ZAHARAH MOSQUE

Built in 1994, the mosque showcases a combination of Moorish and modern architectural elements. It is dubbed as the'Floating Mosque'for its unique design. This mosque is built on a submerged platform. When the water level rises during high tide, it creates the illusion of a floating mosque. The Tengku Tengah Zaharah Mosque is situated at the estuary of Sungai lbai, 5 km from Kuala Terengganu.


## ISLANDS

Bathed in warm sunshine all year round, Terengganu's islands and beaches are a paradise for sun-seekers. The best time to visit the islands is from March to October. Most resorts are usually closed during the monsoon season (November to February) and only some resorts operate as usual. A number of islands are designated as Marine Parks and a conservation fee will be charged upon entrance.

## Conservation fee: RM5 Adult, RM2 Child / Senior Citizen / Disabled.

## PULAU REDANG

Situated about 45 km off the coast of Terengganu, Pulau Redang is the largest of the state's islands. It is famous for its picture-postcard views and fabulous dive sites. The most popular stretch is the 800 m Long Beach. It has one large resort and many smaller chalets lining the shore. Further away on the northeastern coast is Teluk Dalam Kecil, a sheltered cove that houses a five-star resort. Berjaya Air, a private carrier, provides direct air links to the island. Alternatively, Redang is accessible by sea. The jumping-off points are the Shahbandar Jetty situated in Kuala Terengganu town or Merang Jetty, situated about an hour's drive from Kuala Terengganu.

## Must do:

- Go snorkelling at the Marine Park
- Explore the 31 dive sites on the island
- Take a walk along the breathtaking Long Beach
- Play beach volleyball
- Enjoy a jungle walk to see monkeys, squirrels
 and birds


## PULAU PERHENTIAN BESAR AND PERHENTIAN KECIL

A dream come true for sun-seekers, Pulau Perhentian Besar and Kecil offer amazing views of sparkling white sands and clear blue waters. The excellent visibility makes these island a firm favourite among divers and snorkellers. Visitors have a choice of staying at Perhentian Besar (the larger island) or Perhentian Kecil (the smaller one). A 10-minute boat ride is all it takes to get from one island to the other. While Perhentian Kecil has a lively, upbeat atmosphere with plenty of chalets and chic beach cafes, its neighbour has a quieter ambience with comparatively larger resorts and restaurants. Access to the islands is via a 45-minute boat ride from Kuala Besut Jetty on the mainland.

## Must do:

- Try island-hopping
- Go diving at Tokong Laut to see bamboo sharks
- Go on a banana boat ride or try canoeing
- Enjoy the sun and sea breeze



## PULAU LANG TENGAH

Hailed as one of Terengganu's best-kept secrets, Lang Tengah is a smaller, more secluded getaway located between the islands of Redang and Perhentian. From the time you arrive, the magic of Lang Tengah will enchant you - the waters are crystal clear, the view stunningly beautiful and the atmosphere totally peaceful. There are only three resorts on this island, giving visitors total relaxation and lots of privacy. Access to this island is via the Merang Jetty.


## PULAU TENGGOL

The well-sheltered bay at Pulau Tenggol is home to mature coral gardens, making it a delight for reef lovers. Being the farthest island from the mainland, the nutrient-rich waters of Tenggol are home to a kaleidoscope of colourful corals and marine life. Enjoy a stay at any of the three beach resorts here and make Pulau Tenggol your dream holiday destination. Access to this island is via the Kuala Dungun Jetty.


PULAU KAPAS AND
PULAU GEMIA
Pulau Kapas lies a short distance off the coast of Terengganu. A tiny tropical paradise, the island is home to a variety of both hard and soft corals, amongst which reside rich marine life. The island is known for squid fishing at certain times of the year.

Pulau Gemia is a privately-owned island with a solitary boutique resort. It is the place for a quiet holiday with activities such as snorkelling, scuba diving, jungle trekking and beach games. The island is just 15 minutes away from the mainland. The jumping-off point is Marang Jetty (not to be confused with Merang Jetty which is the staging point to Pulau Redang).


## LAKE KENYIR

Sprawling 209,199ha, Lake Kenyir is the site of Malaysia's largest hydroelectric dam. Lake Kenyir is also an alternative gateway to Taman Negara, a magnificent national park. This entryway to Taman Negara is commonly referred to as the Tanjung Mentong entryway.

Lake Kenyir's location on the fringes of Taman Negara makes it a thriving playground for small animals, snakes and birds. The rugged terrain, streams, waterfalls, caves and submerged forests make it an exciting destination for eco-adventures and water sports.

At the southern end of the lake lie Gua Bewah and Gua Taat, two intriguing caves. The former was the site of archaeological discoveries with artefacts such as axes, tools and utensils dating back to the Neolithic age. Gua Taat on the opposite is smaller in size but contains interesting stalactite formations.
Visitors are advised to take note that fishing is only allowed at certain areas. Lake Kenyir is located about 55 km from Kuala Terengganu and the nearest town is Kuala Berang. Accommodation ranges from houseboats, lakeside resorts and floating chalets. Visitors can reach Tanjung Mentong through the two jetties in Gawi and Jenangor. The motorboat trip cuts across Lake Kenyir in about 45 minutes.

## Must do:

- Explore the Taat and Bewah caves
- Conquer the peak of Gunung Gagau $(1,376 \mathrm{~m})$ for a view of the entire region
- Go kayaking, canoeing or boating
- Take a nocturnal tour to see wild animals and their footprints
- Go mountain biking or rock climbing
- Go angling to land a variety of freshwater fish
- Visit the Herb Farm
- Make a trip to the Lasir and Saok Waterfalls
- Enjoy a round of golf
- Birdwatching
- See elephants up close at the Sungai Ketiar Elephant Sanctuary
- Learn more about fishes at the Kelah (Malaysian Mahseer) Sanctuary




## CHEMERONG WATERFALL

 Hulu DungunHailed to be the highest waterfall in the country, the multi-tiered Chemerong Waterfall is truly a spectacular sight. It cascades some 305 m along rugged cliffs and rock faces and plunges into a scenic pond. The vast size of this waterfall makes it visible even from afar. Visitors in search of milder forms of recreation can visit the recreational forest nearby. Chemerong Waterfall is situated in the Chemerong Forest Reserve, about 30km from Bandar Al Muktafi Billah Shah in Dungun.

## FIREFLY SANCTUARY

Sungai Yak Yah, Kemaman
Take a cruise along Sungai Yak Yah (Yak Yah River) to view one of nature's most amazing phenomena. As night falls, the riverbanks turn into a grand theatre where hundreds of fireflies form a symphony of lights. This astounding natural attraction is situated about 15 km from Kijal. To go on a cruise, visitors can make arrangements with local tour operators.

## Sungai Yak Yah has one of the largest firefly colonies in the country.



## LA HOT SPRINGS <br> Besut

This tropical enclave is the site of hot springs, clear streams and a recreational forest. Visitors often flock to this hot springs because of the purported healing properties of the natural sulphur here. La Hot Springs is also the gateway to the Gunung Tebu Forest Reserve. Caving, fishing, camping and jungle-trekking are among the popular activities.


## LATA TEMBAKAH WATERFALL Besut

Hidden in a thickly wooded area, the Lata Tembakah Waterfall is a refreshing getaway for nature lovers. Facilities include campsites, a suspension bridge, resting huts, changing rooms, children's playground and more. The waterfall is only about 30 minutes away from Besut. Chalets operated by the Forestry Department are available for overnight visitors.


## SEKAYU RECREATIONAL FOREST Kuala Berang

Sekayu Recreational Forest offers an invigorating glimpse into the wonders of the rainforest. The main attraction here is the seven-tier Sekayu Waterfalls. Resting huts are placed around the area, making it an ideal location for picnics and family outings. Chalets are available for overnight visitors. Sekayu is about 56 km from Kuala Terengganu and 16 km from Kuala Berang.

## Must do:

- Swim at the natural pools
- Have a picnic under the forest canopy
- Visit the Mini Zoo
- Stroll along the orchard to see tropical fruit trees
- Spot different species of birds at the Bird Park
- Go jungle trekking



## BEACHES ON THE MAINLAND

Mainland Terengganu is the site of some beautiful beaches. Accommodation at the beach areas range from international-standard five-star resorts boasting traditional Malay architecture to chalets that cater to smaller budgets. Popular mainland beaches are Tanjung Jara, Batu Burok, Teluk Mok Nik/Monica Bay, Paka, Kijal and Kemasik.

## HOMESTAYS

There are many homestay villages in Terengganu that offer a taste of the rural lifestyle. Mingle with the locals and enjoy a round of congkak with the children. Homestays can be found in the following villages:

- Rhu 10 Homestay, Setiu
- Teluk Ketapang Homestay, Kuala Terengganu
- Pasir Raja Homestay, Dungun
- Kampung Pulau Duyong Homestay, Kuala Terengganu
- Felda Selasih Homestay, Besut
- Kampung Buluh Homestay, Hulu Terengganu



## THERE'S MUCH MORE IN TERENGGANU

Do take the time to explore other places of interest in Terengganu. The capital city has several interesting spots that are situated near to one another. More natural attractions can be enjoyed around the state, particularly at Marang and Paka. Terengganu's long coastline gives rise to a number of beaches that are equally beautiful.


## Kuala Terengganu

- Pasar Payang (Central Market / Bazaar Warisan)
- Istana Maziah (Maziah Palace)
- Bukit Puteri (Princess Hill)
- Chinatown
- Kuala Terengganu River Cruise
- Traditional Food and Craft Complex
- Batu Burok Recreational Park
- Terengganu Waterfront


## Marang

- Marang River Cruise
- Kelulut Beach
- Kampung Jenang Traditional Village


## Hulu Terengganu

- Batu Bersurat (Inscribed Stone Memorial)
- Agriculture Park
- Lasir Waterfall
- Saok Waterfall


## Besut

- Balai Seni Ukiran (Traditional Woodcarving)
- Bukit Keluang Beach
- Dendong Beach
- Air Tawar Beach


## Kemaman

- Telaga Simpul
- Kemasik Beach
- Marina Beach
- Kijal Beach
- Bakau Tinggi Recreation Park
- Kampung Tuan Mosque
- Jambi Mosque
- Kemaman Recreation Park \& Mini Zoo
- Jeram Perintis Waterfall


## Dungun

- Teluk Bidara Beach
- Rantau Abang Turtle Sanctuary
- Má Daerah Turtle Sanctuary
- Paka Beach
- Iron-ore Mines
- Tanjung Jara Beach


## Setiu

- Penarik Beach
- Setiu Wetland
- Merang Beach
- Gunung Tebu (Mount Tebu)
- Lata Belatan Waterfall


## SHOPPING \& DINING

## Shopping

Traditional crafts, handmade souvenirs and beautiful fabrics are among the assortment of items that await avid shoppers. Fabrics include songket (a silk brocade) as well as batik. Aside from the traditional sarong, batik is also fashioned as pareos, beach wear, bags and scarves. The keris or Malay dagger is a unique item available in pewter and brass. Watching how these traditional weapons are made is a fascinating experience.

Among the popular shopping spots in Kuala Terengganu are:

- Pasar Payang Central Market, Kuala Terengganu
- Noor Arfa Craft Complex, Chendering, Kuala Terengganu
- Sutera Semai Complex, Chendering, Kuala Terengganu
- Wanisma Tembaga, Kuala Terengganu


## Dining

Terengganu offers an array of delectable culinary delights. As in other states, rice is the staple food. Food is reasonably priced and visitors have a wide range of delicacies to try out. As the state is situated close to the sea, seafood plays a prominent role in its culinary scene. Fresh ingredients are said to give Terengganu's food its lip-smacking taste and distinct fragrance.

## Try these authentic local favourites:

Laksam - Akin to pasta, laksam is made of wheat and rice flours. It is then steamed and served with a gravy made of fish and coconut milk.

Nasi Dagang - A great treat for rice lovers, nasi dagang is a satisfying, delicious meal made of rice and glutinous rice, cooked with rich coconut cream. The aromatic rice is eaten with a tuna curry and a vegetable pickle. Nasi dagang literally means travellers or traders' rice, as it was often taken along by traders who travelled far.



Satar - This interesting dish consists of succulent boneless fish marinated in spices. Satar is wrapped in banana leaves and grilled over a flaming charcoal fire.

Keropok lekor - A fried snack, keropok lekor is a thick, chewy cracker made of ground fish meat. Keropok lekor is best eaten with its special chilli dip.

Otak-otak - Slices of mackerel or prawns are marinated in a coconut and spice paste. They are then cooked over a charcoal fire. Otak-otak can be eaten as a snack, or together with rice.

Nekbat - Rice flour and eggs are the main ingredients of this dessert. It is eaten with a pandan-flavoured syrup.

Laksa Terengganu - Rice noodles and a fragrant fish gravy make Laksa Terengganu a simple but highly satisfying dish.

Ketupat sotong - Seafood lovers can try this unusual dish. Glutinous rice is cooked with thick coconut milk until it is fragrant and tender. It is then used as a filling in boiled squids. Finally, the cooked squids are lightly sweetened with palm sugar. Ketupat sotong is a popular teatime snack.

## Restaurants in Terengganu

## Malay

Di Atas Sungai
Tanjung Jara Resort
Batu 8, off Jalan Dungun
23000 Dungun
Tel: 098451100
D'Muara Live Seafood
Jalan Lorong Hj. Su
Kuala Terengganu
Tel : 09 6229622

## Horizon Garden Restaurant

Craft Complex Nor Arfa
Chendering Industrial Area
21080 Kuala Terengganu
Tel: 096173700
Paradise Deluxe Restaurant
543 Jalan Bukit Besar
21100 Kuala Terengganu
Tel: 096311118

## Restoran Mat Binjai

1081Q, Jalan Sultan Sulaiman
20000 Kuala Terengganu
Tel: 096242639
Sembilan Empat Enam Catering
No. 88-A, Chabang 3
21200 Kuala Terengganu
Tel: 096319946 / 0129800946 / 0199890946

## Selera Timur 2

Jalan Hiliran Masjid
21200 Kuala Terengganu
Tel: 096231902 / 6234025

## Restoran Penyu

Lot 4528, Ground Floor
Jalan Sultan Zainal Abidin
20000 Kuala Terengganu
Tel: 096226725

## Chinese

## Ocean Restaurant

Lot 2679, Jalan Zainal Abidin 20000 Kuala Terengganu Tel: 096239154

## Restoran Tian Kee

No. 136/2
Jalan Sultan Zainal Abidin 20000 Kuala Terengganu
Tel: 096224375

## Indian

Kari Asha Restaurant
No. 1-H, Jalan Air Jernih
20300 Kuala Terengganu
Tel: 096232469

The above listing is not exhaustive

## EVENTS

Terengganu has a host of exciting events all year round. Some of these events are famed around the world and place Terengganu in international limelight.

| Event | Month | Venue |
| :--- | :--- | :--- |
| Kenyir International Triathlon <br> (International Event) | April | Lake Kenyir |
| Tenggol Underwater Challenge | May | Tenggol Island |
| Sultan's Cup Terengganu Endurance Challenge | October | Setiu |
| Monsoon Cup Terengganu | November | Duyung Island |
| Terengganu Go! Surfing | December | Batu Burok |

## ESSENTIAL INFORMATION

## ACCOMMODATION

Boutique hotels, luxury resorts and budget chalets are aplenty in Terengganu. The bigger and more developed islands such as Redang and Perhentian offer both well-appointed hotel accommodation as well as modest beach huts. Smaller islands such as Lang Tengah, Kapas and Tenggol offer basic lodgings. Gem Island is known for its solitary boutique resort. Over at the mainland, visitors will find several boutique hotels and five-star resorts located by the beach.

## Besut

Bukit Keluang Beach Resort ***
Tel: 096954100
www.bkbr.com.my

Taman Azimos Chalet
Tel: 096957405

Demong Beach Resort Chalet
Tel: 096955500

Rumah Rehat Kerajaan
Tel: 096956326

Pulau Perhentian Besar
Arwana Perhentian Eco Resort
\& Beach Chalet
Tel: 096911888
www.arwanaperhentian.com.my

Coral View Island Resort
Tel: 096974943
www.coralviewisland.com

New Cocohut Chalet / Cozy Resort
Tel: 096974982 / 6911811
www.perhentianislandcocohut.com
Fauna Beach Chalet
Tel: 096977607

Floral Bay Chalet
Tel: 096911666

Perhentian Island Resort ***
Tel: 096974900
www.perhentianislandresort.net
Tuna Bay Island Resort
Tel: 096902902
www.tunabay.com.my
Pulau Perhentian Kecil
Bubu Long Beach Resort Tel: 0321426688 / 096911333
www.buburesort.com.my

Senja Bay Resort
Tel: 096911799
www.senjabay.com

Shari-La Island Resort
Tel: 096911500
www.shari-la.com

Watercolours Impiani Island Resort
Tel: 096911857
www.watercoloursworld.com

## Dungun

Dahima's Guest House
Tel: 098452843

Merantau Inn
Tel: 098441131

Pasir Raja Resthouse
Tel: 098481616

Residence Resort ****
Tel: 098273366
www.residence.com.my

Six Villa Inn
Tel: 098274398
www.sixvillainn.com

Sri Gate Hotel
Tel: 098481648

Sura Hotel
Tel: 098481716

Tanjong Jara Resort *****
Tel: 0327198000 / 098451100
www.tanjongjararesort.com
Turtles De'Village Inn
Tel: 098456001

UITM Hotel **
Tel: 098481700
www.tganu_uitm.edu.my

Rumbia Resort Villa
Tel: 098272020
www.rumbiaresort.com

## Pulau Tenggol

Tenggol Island Beach Resort
Tel: 0126801148
www.pulautenggol.com
Tenggol Island Resort
Tel: 098484862

## Kuala Berang

Selasih Hotel
Tel: 096811655
Lake Kenyir Resort \& Spa
Tel: 096668888
www.lakekenyir.com
Kenyir Sanctuary Resort
Tel: 0139366514

Musang Kenyir Resort
Tel: 096231888

Lake Land Resort
Tel: 0362732213

Petang Island Resort
Tel: 096221276

## Kemaman

Awana Kijal Beach, Spa
\& Golf Resort *****
Tel: 098641188
www.awana.com.my

Cheneh Recreation \& Resort
Tel: 098730541

Muni Hotel
Tel: 098592366
Kemaman Seaview Hotel
Tel: 098596337


Serasi Inn Kerteh
Tel: 098266627

Tiara Hotel
Tel: 098591802

## Kuala Terengganu

Terengganu Equestrian Resort
Tel: 096177755
www.ter.com.my
Ming Star Hotel
Tel: 096228666
www.mingstarhotel.com

Batu Burok Beach Resort **
Tel: 096221410
www.batuburokbeachresort.com.my
Grand Continental Hotel ***
Tel: 096251888
www.ghihotel.com.my
Alamanda Hotel
Tel: 096228888

Ri-Yaz Heritage Bay Resort \& Spa **** Tel: 096277888
www.ri-yazheritage.com
Indah Hotel
Tel: 096233023
K.T. Beach Resort

Tel: 096315555
K.T. Mutiara Hotel

Tel: 096222655
K.T. Travellers Inn

Tel: 096223666

Kenangan Hotel
Tel: 096222688
www.hotelkenangan.com.my
Motel Desa
Tel: 096223033
Permai Inn Kuala Terengganu ***
Tel: 096222122
www.permaiinnkt.com.my

Primula Beach Hotel ****
Tel: 096222100
www.primulahotels.com

Qurata Riverside
Tel: 096175500

Seaview Hotel
Tel: 096221911
Seri Indah Resort **
Tel: 096222633
Seri Malaysia Hotel ** Tel: 096236454
www.serimalaysia.com.my
Sri Hoover Hotel
Tel: 096233823
Terengganu Hotel
Tel: 096222900
YT Midtown Hotel **
Tel: 096223088

Awi's Yellow House
Tel: 096222080

Penginapan Nur Atikah
Tel: 096231973

Ping Anchorage Travellers
Tel: 096262020
www.pinganchorage.com.my
Sri Tanjung Hotel
Tel: 096262636

Triple A Guest House
Tel: 096227372
Wisma Hajah Chik
Tel: 096245333

Yaseen Guest House
Tel: 0199366575

Felda Residence
Kuala Terengganu ****
Tel: 096321111
www.plantationresorts.com.my
Hotel Tanjong Vista
Tel : 096319988
www.hoteltanjongvista.com.my

## Pulau Redang

Berjaya Redang Beach Resort **** Tel: 096308888
www.berjayahotels-resorts.com
Coral Redang Island Resort
Tel: 096236200
www.coralredang.com.my
Laguna Redang ****
Tel: 096310888
www.lagunaredangtt.com.my

Mozana Beach Resort
Tel: 096301900

Redang Bay Resort ***
Tel: 096203200
www.redangbay.com.my
Redang Beach Resort
Tel: 096238188
www.redang.com.my
Redang Kalong Resort
Tel: 096221591
www.redangkalong.com
Redang Lagoon
Tel: 096665020
www.redanglagoon.com
Redang Reef Resort
Tel: 096226181
www.redangreefresort.com.my
Redang Pelangi Resort
Tel: 096242158
www.redangpelangi.com

## Pulau Lang Tengah

Redang Lang Island Resort
Tel: 096239911
www.redanglangresort.com.my
D'Coconut Island Resort
Tel: 0342526686
www.dcoconutlagoon.com
Lang Sari Resort
Tel: 0321661380
www.langsari.com

## Marang

Angullia Beach House
Tel: 096181322
www.angulliaresort.com

Duta Retreat
Tel: 038886748

Island View Resort
Tel: 096182006

Kamal Guest House
Tel: 096182181
Marang Waterfront Resort \& Spa
Tel: 096183999
www.marangguesthouse.com

Rhu Muda Resort
Tel: 096181934

Seri Malaysia Hotel **
Tel: 096182889
www.serimalaysia.com.my
Pulau Kapas
Makcik Gemok Resort
Tel: 096245120

Kapas Beach Chalet
Tel: 0122882008

Kapas Island Resort ***
Tel: 096249493
www.kapasislandresort.com


## TRANSPORTATION

## Getting There

## By Air

Malaysia Airlines operates direct flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Mahmud Airport in Kuala Terengganu. The flight takes about 55 minutes. In addition, Firefly airlines flies from the Sultan Abdul Aziz Shah Airport in Subang to Kuala Terengganu and Kerteh. Firefly also operates flights to Kuala Terengganu from Singapore. Alternatively, visitors can take the budget airline AirAsia from the Low Cost Carrier Terminal or LCCT. This terminal is situated in Sepang, about 20km from the KLIA Main Terminal.

## Self-Drive

The journey from Kuala Lumpur to Kuala Terengganu covers a distance of 455 km via the East Coast Expressway. Visitors can see panoramic views of the countryside. Although driving along the scenic route is very pleasant, visitors are advised to practice caution when driving along rural villages and farms.


## By Bus

Express buses to various towns in Terengganu are easily available from Kuala Lumpur and other parts of the country. Visitors can board the buses from Hentian Putra in Kuala Lumpur. The journey takes about five to seven hours. Tickets must be purchased early during festive periods and public holidays.

## Getting to the Islands

| Island | Jumping-off point | Nearest airport |
| :--- | :--- | :--- |
| Pulau Redang | Merang Jetty and <br> Syahbandar Jetty | Kuala Terengganu |
| Pulau Lang Tengah | Merang Jetty | Kuala Terengganu |
| Pulau Bidong | Merang Jetty | Kuala Terengganu |
| Pulau Perhentian Kecil and <br> Pulau Perhentian Besar | Kuala Besut Jetty | Kota Bharu <br> Although the island is situated in Terengganu, <br> the jumping-off point (Kuala Besut Jetty) is <br> situated near to the neighbouring state of <br> Kelantan. The drive to Kuala Besut Jetty from <br> Kota Bharu only takes about half an hour. |
| Pulau Kapas | Marang Jetty | Kuala Terengganu <br> Pulau Gemia$\quad$ Kurang Jetty |



## Getting Around

There are several interesting modes of transportation in Terengganu. Among them is the beautifully decorated Heritage Bus or town bus which plies the major tourist spots in the capital city of Kuala Terengganu. The bus operates on a hop-on hop-off concept. The starting point is at Taman Syahbandar, where visitors can choose from the two routes available. Among the destinations serviced by this bus is the State Museum, Noor Arfa Craft Complex, Islamic Civilisation Park, Pasar Payang Central Market and the Floating Mosque.

In addition, there are also local buses and taxis that ply the main towns within the state. Visitors are advised to determine the rates before boarding the taxi.

Brightly-decorated trishaws are another attraction in Kuala Terengganu. Visitors can enjoy a leisurely ride while taking in the sights and sounds of the city. Hop on for a ride to Chinatown or the Pasar Payang Central Market. Fares will be determined according to distance, duration and number of passengers. Trishaw peddlers are mostly friendly and accommodating, so feel free to have a chat and determine the rates in advance.

There are two types of boats for visitors who enjoy river cruises - the gondolas and the local boat (bot penambang). While the pretty gondolas are suitable for sightseeing, the local boats enable visitors to travel together with the local folk.


## USEFUL CONTACT NUMBERS

Tourism Enquiries

| Tourism Malaysia Terengganu <br> Information Counter | $096309433 / 90$ |
| :--- | :--- |
| Tourist Information Centre (Bukit Puteri) | 096221553 |
| Tourist Information Centre (Kemaman) | 098687600 |
| Tourist Information Centre (Kuala Besut) | 096973166 |

## Transportation

| Malaysia Airlines | 1300883000 | www.malaysiaairlines.com |
| :--- | :--- | :--- |
| AirAsia | 600859999 | www.airasia.com |
| Firefly Airlines | 0378454343 | www.fireflyz.com |
| Berjaya Air | 0378458382 / 8378 |  |
|  | (Kuala Lumpur) <br> 096302228 | www.berjaya-air.com |
|  | (Pulau Redang) |  |
| Car Rentals | 096231744 |  |
| Hedaco Travel \& Tours Sdn. Bhd. | 096262020 | www.hedacotravel.com |
| Ping Anchorage Travel \& Tours | www.pinganchorage.com.my |  |
| Heritage One Stop Travel \& Tours | 096316468 | www.heritageonestep.com.my |
| Coast to Coast Holidays | 096229133 |  |
| Sightseers Checkpoint Travel \&Tours | 096623121 |  |
| Elite Travel City | 0139010737 |  |
| Unikar Travel \& Tours | 096693990 |  |
| Express Buses | 1300888582 | www.transnasional.com.my |
| Transnasional Express | 096230623 |  |
| Cepat Express | 096316355 |  |
| Mutiara Express | 096226299 |  |
| Sutra Express | 096241020 |  |
| SK Warisan Express | 096902691 |  |
| Boat Services to Pulau Perhentian | 096975854 |  |
| Yaudin Holidays | 096974095 |  |

## Boat Services to Pulau Redang

Sejahtera Ferry Services 0164160338

## Boat Services to Pulau Gemia

Gemilang Holidays 0199817398

Suria Link Boat Services 096183754
Marang Guest House Boat Service 096181976

## General Enquiries

Telekom Malaysia Directory 103
Telekom Malaysia Operator Assisted Call 101
Malaysian Immigration Department 0388801000 www.imi.gov.my

## Emergencies

Police / Fire and Rescue Department 999
Kuala Terengganu Police Station

## kELANTAN

The most rustic of the three states in the region, Kelantan truly lives up to its name as the 'Cradle of Malay Culture'. The state's landscape is a charming blend of quaint villages, small towns and riverine settlements. Amidst the houses built on stilts and covered with thatched roofs, one can revel in the time-honoured Malay heritage and culture.

The capital city of Kelantan is Kota Bharu.

Kelantan's hinterland is a dramatic mix of mountains, caves and pristine jungles. Scale the imposing Mount Stong or trek into the Kuala Koh National Park.

## Experience the rustic charm of Kelantan!

## MAP OF KELANTAN



## PLACES OF INTEREST

## GUNUNG STONG Kuala Krai

Undoubtedly the most popular eco-adventure destination in Kelantan, Gunung Stong is a favourite among trekkers, mountaineers and nature-lovers. The $1,433 \mathrm{~m}$ mountain is situated in Stong State Park. Climbers can stay overnight at Baha Camp. Alternatively, visitors can spend a night at the Stong Hill Resort situated at the foothills.

## Must do:

- Watch the sunrise from Baha Camp
- See a variety of orchids and palms
- Keep an eye out for Rafflesia, the world's biggest flower
- Scale to the Jelawang Waterfall
- Explore the neighbouring Gunung Ayam
- View endemic plants such as the didymocarpus calcareous, licuala stongensis (a fan palm) and holttumochloa pubescens (a rare bamboo). These plants are only found on Gunung Stong.

Tel: 097481957 (Kelantan Forestry Department) 0199591020 (Baha's Adventure Team)


Plunging some 303 m deep, the spectacular seven-tiered Jelawang Waterfall is said to be the highest in Southeast Asia.

## KUALA KOH NATIONAL PARK Gua Musang

Kuala Koh is the northern entry point to Taman Negara. Spread over 1,043 sq km, the park is an undisturbed jungle with a wide range flora and fauna.

## Must do:

- View over 200 species of birds - experienced bird watchers have seen up to 150 species within a few days!
- Catch a glimpse of the shy wildlife from the bumbun or observation hides
- Explore the many jungle trails
- Enjoy the view from the breathtaking 300m-high canopy walkway
- Go kayaking or tubing
- Visit the Batek indigenous settlement to watch fire-making and blowpipe demonstrations
- Camp out and commune with nature

Tel: 099122940 (Gua Musang Wildlife Department) 0139282952 (Kuala Koh National Park Office) 0129654788 (Kuala Koh National Park Resort)

## HANDICRAFT VILLAGE (KAMPUNG KRAFTANGAN) <br> Kota Bharu

This is a good place to begin your tour of Kota Bharu. Set within a beautiful courtyard, the complex houses a Craft Museum, souvenir shops, tourism offices and a restaurant. Browse through the unique handicrafts and souvenirs or watch the cultural performances held occasionally. Visitors can drop by at the tourism offices here for more information on the state's attractions.

Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission to the Handicraft Village is free, but there are separate charges to enter the museum.
Tel: 097482266

## CRAFT MUSEUM <br> Kota Bharu

View an impressive collection of the state's crafts, from embroidered fabrics, songket, batik, silver to pandanus mats. Visitors can learn about the history and the processes of making these unique handicrafts.


Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission fee: RM1.00 (Malaysian)
RM2.00 (non-Malaysian)
Tel: 097482266

## COTTAGE INDUSTRIES \& CRAFTS

 Kota BharuKelantan is famed for its arts and crafts. Although many craft items are now produced on a big scale by factories, cottage industries continue to thrive and handmade crafts are very much in demand. One of the best places to see cottage industries is the stretch of road that leads to Pantai Cahaya Bulan. Here, batik fabric in various shades can be seen drying out in the sun, while roadside stalls offer prettily-decorated giant kites, bags and many interesting souvenirs.


## HOMESTAYS

Live with the locals and experience the rural lifestyle in these villages:

- Kampung Batu Papan, Gua Musang
- Kampung Seterpa, Kota Bharu
- Kampung Renok Baru, Gua Musang
- Kampung Pantai Suri, Tumpat
- Kampung Bukit Jering, Jeli
- Kampung Kubang Telaga, Gunung Bachok
- Kampung Kemunchup, Machang
- Kampung Jelawang, Dabong

To arrange a homestay visit, kindly contact Tourism Malaysia's office in Kelantan.


CULTURAL CENTRE (GELANGGANG SENI) Kota Bharu

Folk arts and traditional performances are the signature attractions of Kelantan. At the Cultural Centre, visitors will get a chance to enjoy some of the age-old cultural performances that are rarely seen anywhere else.

## Must do:

- Watch wayang kulit or shadow puppetry
- Try your hand at playing the rebana ubi (a huge and colourful drum) or kertok (a coconut husk percussion instrument)
- Watch silat, the Malay martial arts
- See how gasing or the spinning top is launched
- Learn how to fly the wau or giant kite

The Cultural Centre operates from January to December. Performances are held five times a week, on Sunday, Monday, Tuesday, Wednesday and Saturday ( 3.30 pm onwards). Shadow plays are only performed on the first and third weeks of the month.

## Admission is free.

Tel: 097485534 / 3543

## AL-MUHAMMADI MOSQUE Kota Bharu

Graceful arches and golden-coloured domes make this mosque an impressive sight even from afar. Also known as the State Mosque, this remarkable place of worship was named after the late Sultan Muhammad IV who contributed greatly to the state. Visitors are advised to dress appropriately.



During a wayang kulit performance, the master storyteller or Tok Dalang conducts the show from behind the screen by reciting the tale with appropriate sounds and movements.

WAR MUSEUM
Kota Bharu
This is an excellent place to learn about World War II and its impact on Kelantan. The museum features a fascinating collection of documents, pictures and military paraphernalia relating to the war and the Japanese occupation in Malaysia from 1941 to 1945. Artefacts include Japanese swords, mortar shells as well as personal accounts of survivors. The museum is housed within a historical building constructed in 1912.

Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission fee: RM1.00 (Malaysian)
RM2.00 (non-Malaysian)
Tel: 097482266

In the past, the War Museum served as the headquarters of the Japanese Kempetai, the feared secret police.

## STATE MUSEUM <br> Kota Bharu

View a splendid collection of exhibits on Kelantan's arts, crafts and musical traditions. Highlights include artefacts from local archaeological sites.

Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission fee: RM1 (Malaysian)
RM2 (non-Malaysian)
Tel: 097482266


ROYAL MUSEUM (ISTANA BATU)
Kota Bharu
Step into a lovely repository of the Kelantan royal family regalia. The museum showcases a range of information on the state's royal family, from Their Highness' social activities to gifts, personal collection and palace decorations.

Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission fee: RM1.00 (Malaysian)
RM2.00 (non-Malaysian)
Tel: 097482266


MUSEUM OF ROYAL TRADITIONS AND CUSTOMS (ISTANA JAHAR)
Kota Bharu
Be enthralled by the grandeur of royal Malay customs and traditions. In this museum, visitors can learn all about royal engagements, weddings, births and other ceremonial occasions. Built in 1887 , the building is a fine example of the state's supreme craftsmanship, with intricately carved wooden panels, iron grills, elaborate roofs and a beautifully-designed arched stairway.

Opening hours: 8.30am - 4.45pm (Closed on Friday) Admission fee: RM1.00 (Malaysian)
RM2.00 (non-Malaysian)


Tel: 097482266

## ISTANA BALAI BESAR Kota Bharu

Built by Sultan Muhammad in 1840, this resplendent edifice features carved wooden panels and intricate framework. It was the residence of the past Sultans and now serves as the venue for official functions and royal ceremonies. Entrance is restricted to royalty and officials.


This bustling bazaar is a landmark attraction and one of the most photographed buildings in the state. Locals flock here for a profusion of items, from fruits, vegetables, pickles to freshly ground spices. A section of the building is devoted to local desserts and goodies.


## BUDDHIST TEMPLES <br> Tumpat

Kelantan is the site of some impressive Buddhist Temples. The most well-known is Wat Photivihan in Kampung Jambu. This temple houses the largest Reclining Buddha in Southeast Asia. It measures 40 m in length and 9 m in width.

Situated in Kampung Bunuhan, Wat Machimmaram is famed for its Sitting Buddha. It is said to be the second largest of its kind in Southeast Asia. Wat Mai Suwankhiri or the Dragonboat Temple is another famous landmark in the state, featuring replicas of a huge dragonboat guarded by two magnificent dragons.


Wat Photivihan is believed to house the largest Reclining Buddha in Southeast Asia.
CAVING IN GUA IKAN
AND GUA GELAP
Dabong

There are a number of caves in Kelantan, especially in the district of Gua Musang. Dabong is the gateway to most of these places. This town is about 160 km to the west of Kota Bharu. The most well-known cave is Gua Ikan. Literally meaning Fish Cave, this formation was named after a fish-shaped rock.

Another popular spot for spelunking is Gua Gelap, which literally means 'dark cave'. It truly lives up to its name, with small crevices on the cave walls being the only source of natural light.

Aside from Dabong, Gua Musang too has a number of caves that are worth exploring. Among the popular caves here are Gua Cha, Gua Pintu and Gua Sidang.


> Gua Cha is one of the most actively researched archaelogical sites in Peninsular Malaysia. The artefacts that were found here include human skeletons and cultural objects.

## KAMPUNG LAUT MOSQUE Nilam Puri

This mosque is acclaimed as the oldest in the state, and one of the oldest in the Malay archipelago. Originally situated in Kampung Laut, Tumpat, this mosque was moved to its present location in Nilam Puri after the site was flooded in 1968. This mosque was said to have been built by Islamic missionaries who travelled between Champa and Java, with the help of some locals. It is noted to have similarities to the Demak Mosque in Jawa, built in 1401. Visitors are advised to dress appropriately.


## SWEET NYET KONG TEMPLE Gua Musang

This temple's modest exterior belies its historic and religious importance. It contains a sacred painting of the Goddess of Mercy, Guan Yin, that is estimated to be between 500 to 700 years old. Every year, a nineday festival is held in honour of Guan Yin's birthday, which falls on the 19th day of the second lunar month. The celebration attracts devotees from Hong Kong, Taiwan, Japan and Korea.

According to the locals, the sacred painting was brought from China by one of the early Chinese immigrants who received divine instruction to set off for Pulai in a quest for gold. He was said to have struck gold soon after the Chinese settlement here was founded.

## PANTAI TOK BALI Pasir Puteh

Idyllic and tranquil, the Tok Bali Beach is a relaxing getaway with warm waters and palm-lined beaches. Accommodation ranges from chalets to affordable beach resorts. Tok Bali is approximately 45 minutes drive from Kota Bharu. The Tok Bali Jetty is one of the staging points to Perhentian Island in Terengganu.


## PANTAI KUALA PA'AMAT <br> Sering

It is hard to believe that this quiet and calm beach at Kuala Pa'Amat was once a battlefield. This is a site of great historical significance, where the Japanese troops first landed to invade British Malaya. A fierce battle ensued and many soldiers were killed.

Today, the beach is a nostalgic destination for Japanese tourists and war veterans. There is a small Peace Monument here, with descriptions of the battle. The beach is about 12 km from Kota Bharu.

> It is said that the assault on Kuala Pa'Amat Beach at 12.25 am on 8 December 1941 was one and a half hours before the attack on Pearl Harbour due to the difference in the International Date Line.

## THERE'S MUCH MORE IN KELANTAN

Kelantan's attractions are diverse and interesting. Kota Bharu, the capital city, has a number of attractions that can be visited on foot. Some of these places are situated close to one another. Just outside of Kota Bharu, more rustic villages and countrysides begin to unfurl. The state has a number of waterfalls that are situated off the beaten track. For more adventure, make a trip to the jungle-clad hills.


## Kota Bharu

- Padang Merdeka
- Islamic Museum
- Tengku Anis Orchid Park
- Langgar Mosque
- River Cruise from Kota Bharu to Kampung Laut
- Pantai Cahaya Bulan (Beach of Moonlight)
- Pantai Sabak Fishing Village
- Gerbang Sultan Ismail Petra (Petra Arch)
- Bazar Buluh Kubu


## Bachok

- Pantai Melawi (Melawi Beach)
- Pantai Irama (Irama Beach)


## Kuala Krai

- Kusial Bridge
- Gunung Ayam (Mount Ayam)
- Lata Rek Waterfalls


## Pasir Puteh

- Pantai Bisikan Bayu (Beach of Whispering Winds)
- Jeram Lenang Waterfalls
- Jeram Pasu Waterfalls


## Tumpat

- Tok Janggut's Tomb
- Pantai Seri Tujuh (Beach of Seven Lagoons)


## Gua Musang

- Gunung Rabong (Mount Rabong)
- Gunung Chamah (Mount Chamah)
- Ethnobotany Camp
- Lojing Highlands
- Kelantan National Park


## Jeli

- Gunung Reng
- Lake Pergau
- Jeli Hot Springs


## SHOPPING \& DINING

## Shopping

A bewildering range of handicrafts in various colours, shapes and sizes fill the shelves at Kelantan's souvenir shops. Take your pick from the intricate handicrafts, silverware, fashionable batik sarongs, pareos and trendy bags to the richly-embroidered songket fabric and many more. In many places, visitors can also watch how the crafts are made. Some items such as giant kites can be custom-made to suit your liking.

Among the popular shopping spots in Kelantan are:

- Bazaar Buluh Kubu (Bamboo Fort Bazaar)
- Siti Khadijah Market
- Wakaf Che Yeh
- Road to Pantai Cahaya Bulan
- Kampung Putih, Kubor Kuda and Kampung Badan (batik-making)
- Kampung Kijang (Wau or giant kite-making)
- Kampung Penambang (Songket-making)
- Kampung Sireh, Kampung Morak and Kampung Badang (silversmith)

Duty-free shopping zones:

- Rantau Panjang
- Pengkalan Kubor
- Bukit Bunga


## Dining

There is a delightful assortment of local fare and most eateries are open until late at night to cater to the adventurous foodies. Rice, the staple food, is creatively cooked in many ways with the use of different herbs and spices. Local dishes are spicy and pungent and some dishes have Thai influences. The state is also known for its variety of sumptuous desserts.

Alternatively, visitors can opt for Western food served at major restaurants and hotels. Fast food outlets are available at major towns.

## Try these authentic local favourites:

## - Ayam percik

Crispy, barbecued chicken that has been marinated in spices and coconut gravy.

## - Nasi kerabu

A rice-based dish served with coconut milk, fish flakes, desiccated coconut, spices and sauces.

## - Nasi dagang

A combination of rice and glutinous rice, nasi dagang is often accompanied by spicy tuna fish curry and pickled vegetables.


## - Budu

This is a fermented anchovies sauce with a hint of lime juice, chilly and onions. According to locals, budu adds that extra zing and taste to an otherwise regular meal.

## - Serunding (meat floss)

A local savoury snack where thinly sliced meat is cooked until it is light and fluffy. It can be eaten as a snack or served with rice and bread.

## - Desserts

Take your pick from the wide array of desserts easily available in Kelantan. The use of palm sugar, eggs and coconut milk give the desserts a fragrant aroma and rich taste. Popular desserts include akok, dodol, jala mas, nekbat, lompat tikam and tahi itek.

## Restaurants in Kelantan

## Malay

Nasi Ulam Cikgu
Kampung Kraftangan Jalan Hilir Balai 15300 Kota Bharu
Tel: 0199466665
Hover Restaurant
1963A, Jalan Dato' Pati
15000 Kota Bharu
Tel: 097481439
Chinese
Chengmai Restaurant
Lot 327 \& 328
Seksyen 27 Jalan Sri Cemerlang 15000 Kota Bharu
Tel: 097418328

New Horizon Garden Restaurant
Jalan Pasir Mas Salor
15100 Kota Bharu
Tel: 097447177
Food Village Restaurant
Lot 1184, Kampung Baung
Jalan Pengkalan Chepa
16100 Kota Bharu
Tel: 0179239448 /
0179774715

## Mamak

Mamak \& Spicy Restaurant
Lot 27, Seksyen 20 Wakaf Siku
Jalan Sultan Yahya Petra
15200 Kota Bharu
Tel: 097412770


The above listing is not exhaustive

## EVENT

A wide variety of exciting events can be found in Kelantan. Cultural themes feature strongly in this state's yearly calendar of events.

| Event | Month | Venue |
| :--- | :--- | :--- |
| International Wau Festival | June | Geting Beach, Tumpat |
| Kelantan Food Festival (100 Rice Dishes Festival) | July | Stadium Sultan Muhammad IV, Kota Bharu |
| Batik, Songket \& Craft Festival | July | Cultural Centre, Kota Bharu |
| Arts and Culture Carnival | July | Stadium Sultan Muhammad IV, Kota Bharu |
| Water Festival | October | Sireh Square, Kota Bharu |

## ESSENTIAL INFORMATION

## ACCOMMODATION

Accommodation in Kelantan ranges from affordable hotels, hostels, chalets and a few star-rated hotels. In the outskirts, most of the accommodation facilities are modest.

## Kota Bharu

Renaissance Kota Bharu *****
Tel: 097462233
www.renaissance-kotabharu.com

Grand Riverview Hotel ${ }^{* * * *}$
Tel: 097439988
www.grh.com.my

New Pacific Hotel ${ }^{* * * *}$
Tel: 097456555
www.newpacific.com.my
Crown Garden Hotel
Tel: 097432228

Sutera Inn Prima ***
Tel: 097441000
www.suterainn.com.my
Julia Inn Premier Hotel ***
Tel: 097446888

Crystal Lodge ***
Tel: 097470888
www.crystallodge.com.my

Hotel Raudah
Tel: 097470055

Dynasty Inn **
Tel: 097473000

Suria Hotel **
Tel: 097432255

Temenggong Hotel **
Tel: 097483481 / 3130

Hotel Anda
Tel: 097477600

Sabriena Court
Tel: 097447944

Kencana Lodge
Tel: 097477222

KB Garden Hotel
Tel: 097474603

Paloh Inn
Tel: 097433629

Hotel Politan
Tel: 097418888
$E^{\prime} N^{\prime} E \operatorname{Inn}$
Tel: 097439968

Hotel Sentosa
Tel: 097443200

Dani Hotel
Tel: 097486790

Star Family Hotel
Tel: 097482970 / 6115

Sri Cemerlang Baru Lounge
Tel: 097449648

Irama Timur Resthouse
Tel: 097471741

SDI Budget Hotel
Tel: 097439475 / 9495

Hotel Bharu
Tel: 097453232

Flora Place
Tel: 097477888
www.thefloraplace.com

Perdana Resort
Tel: 097742284

## Gua Musang

Fully Inn ***
Tel: 099123311 / 3366 / 3399

Kesedar Inn **
Tel: 099122131
www.kesedar.gov.my
Evergreen Hotel
Tel: 099122273

Hotel Usaha
Tel: 099124003

## Bachok

Sri Melawi Chalet
Tel: 097781998 / 0129008529

## Tanah Merah

Tanah Merah Hotel
Tel: 099557682

The above listing is not exhaustive

* Star rating



## TRANSPORTATION

## Getting There

## By Air

Malaysia Airlines operates daily direct flights to the Sultan Ismail Petra Airport in Pengkalan Chepa, Kelantan. The flights depart from the Kuala Lumpur International Airport (KLIA), which is situated in Sepang. Alternatively, visitors can board the Firefly airlines which operates from the Sultan Abdul Aziz Shah Airport in Subang, Selangor.
The budget carrier, AirAsia, flies daily to Kelantan from the Low Cost Carrier Terminal (LCCT) situated about 20km from the KLIA Main Terminal Building.

## Self-Drive

There is a good network of roads linking major towns in the country to Kelantan. Kota Bharu is situated about 474km from Kuala Lumpur, Malaysia's capital city. Visitors can drive along the East West Highway. The journey from Kuala Lumpur to Kelantan takes about five hours.

## Getting Around

Getting around Kelantan is fairly easy as there are buses, taxis, trishaws and airport taxis. The local bus station is situated near to Kampung Kraftangan or the Handicraft Village. The buses here provide access to various places within Kota Bharu. To go outside of Kota Bharu town, visitors can take the buses that operate from the Jalan Bandar Bus Station. Outstation buses are available at the Jalan Hamzah Bus Terminal as well as the SKMK Langgar Bus Terminal. Buses here connect Kota Bharu to Kuala Lumpur as well as other towns in Malaysia. Taxis can be hailed from any part of the town, but determine the fare first.

The local train is an interesting mode of transport. This train operates within the state, and connects Tumpat (situated in the state's north) to Gua Musang in the south. The service begins at 3.05 am from Tumpat.
To explore Kota Bharu in an unconventional way, visitors can try taking the trishaw. Trishaws are usually concentrated at the Pasar Siti Khadijah area and its vicinity. Visitors are advised to agree on the price in advance.

## USEFUL CONTACT NUMBERS

## Tourism Enquiries

| Tourism Malaysia Kelantan | 097477554 |
| :--- | :--- |
| Tourist Information Centre | 097485534 / 3543 |
| (operated by Kelantan State Government) |  |
| South Kelantan Development Authority <br> (KESEDAR) | 099132200 / 2201 |

Transportation

| Malaysia Airlines | 1300883000 | www.malaysiaairlines.com |
| :--- | :--- | :--- |
| AirAsia | 600859999 | www.airasia.com |
| Firefly | 0378454343 | www.fireflyz.com |
| Sultan Ismail Petra Airport, Kota Bharu | $097737400 / 7402$ / 7403 |  |
| Airport Taxi | 097747732 |  |
| Trains |  |  |
| Keretapi Tanah Melayu (Malayan Railway) | 1300885862 | www.ktmb.com.my |
| Gua Musang Railway Station | 099121226 |  |
| Kuala Krai Railway Station | 099666224 |  |
| Wakaf Bharu Railway Station | 097196986 |  |
| Tumpat Railway Station | 097257232 |  |

## Express Buses

(Kota Bharu to Kuala Lumpur and vice versa)

Mahligai Express
Konsortium Bas Ekspres
Cepat Express
Utama Express
Budaya Express
Chendana Express
Ekspres Darul Naim

097418533 / 8633
097474866
097479859
097434817
097462790
097461055
097435355

Ferry Services to Perhentian Island
(from Tok Bali Jetty)
Symphony Travel \& Tours 097780189

## General Enquiries

| Telekom Malaysia Directory | 103 |  |
| :--- | :--- | :--- |
| Telekom Malaysia Operator Assisted Calls | 101 |  |
| Malaysian Immigration Department | 0388801000 | www.imi.gov.my |
| Kelantan State Immigration Office | $097482120 / 2644$ |  |
| Rantau Panjang Immigration Office | $7440322 / 0503$ |  |
| Pengkalan Kubor Immigration Office | 097950344 |  |
| Bukit Bunga Immigration Office | 097211300 |  |
|  | 099468688 |  |
| Emergencies |  |  |
| Police / Fire and Rescue Department | 999 |  |
| Kota Bharu Police Station | 097485522 |  |

## TIPS FOR TOURISTS

## Saying it in Malay

| Welcome | Selamat Datang | Vegetables | Sayur | Bus | Bas |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Good morning | Selamat | Bagi | Meat | Daging | Taxi |

## Local Information

- The states of Terengganu and Kelantan observe Sunday to Thursday as working days. Friday and Saturday are public holidays. Banks, government offices and most businesses in Kelantan and Terengganu operate from Sunday to Thursday However, Pahang follows the standard working days from Monday to Friday. Saturday and Sunday are public holidays.
- In Terengganu and Kelantan, most places of interest, including some museums, may be closed on Friday. Visitors are advised to check first.
- National parks are protected areas and visitors are advised to take note of the strict laws that govern these areas. Take nothing but photographs and leave nothing but footprints. A national park conservation fee will be imposed upon entry.
- When entering places of worship such as mosques or temples, shoes should be removed. Most mosques provide robes and headscarves for female visitors. Taking photographs at places of worship is usually permitted but ask for permission first.
- Muslims do not consume liquor or alcoholic beverages. Liquor is strictly not served in restaurants or eateries in Kelantan or Terengganu. However, liquor is served at major hotels.
- In the states or Kelantan and Terengganu, there are very few entertainment outlets. Dining is a popular activity for visitors who wish to stay out late.
- The sea can be rough during the monsoon season between October to February. Visitors are advised to practice caution while at the beach, especially if there are children. Established beach resorts continue to operate during this season but smaller chalets on the islands may be closed.
- During boat rides, please request for safety jackets from the boat operator.


## Some social tips

- Be respectful when you are at public ceremonies.
- When sitting on the floor, men sit cross-legged while women normally sit with their legs tucked to the side.
- To give or receive something, try to use the right hand.
- When pointing, it is preferable to use the thumb with the four fingers folded under, rather than the forefinger
- The majority of Muslims in the East Coast region dress modestly. Visitors are advised to do the same.
- Malaysians refrain from displaying their affection in public (i.e embracing or kissing). Visitors are advised to take note of this.


## malaysta at a glance

COUNTRY The federation of Malaysia comprises Peninsular Malaysia, which is made up of 11 states, three Federal Territories as well as the states of Sabah and Sarawak situated in Borneo.

## CAPITAL CITY Kuala Lumpur

GEOGRAPHICAL LOCATION Lying 2 to 7 degrees north of the Equator, Peninsular Malaysia is separated from Sabah and Sarawak by the South China Sea. The Peninsular shares a common border with Thailand in the north, while its southern neighbour is Singapore. Sabah and Sarawak share a common border with Indonesia while Sarawak also shares a border with Brunei Darussalam.

AREA 329,758 sq km
POPULATION 28 million
PEOPLE Malays make up about 57\% of the population, with Chinese, Indians and other ethnic groups making up the rest.

LANGUAGE Bahasa Malaysia (Malay) is the national language but English is widely spoken. Malaysians also speak various languages and dialects.

RELIGION Islam is the official religion but all other religions are practised freely.

GOVERNMENT Malaysia practices parliamentary democracy and constitutional monarchy. The Head of State is the Yang di-Pertuan Agong and the Head of Government is the Prime Minister. The country has a bicameral legislative system.

CLIMATE Malaysia has a tropical climate and the weather is warm all year round. Temperatures range from $21^{\circ} \mathrm{C}$ to $32^{\circ} \mathrm{C}$ and the annual rainfall varies from $2,000 \mathrm{~mm}$ to $2,500 \mathrm{~mm}$.

ECONOMIC PROFILE Manufacturing constitutes the largest component of Malaysia's economy while tourism and primary commodities such as petroleum, palm oil, natural rubber and timber are major contributors to its economy.

ENTRY REQUIREMENTS Visitors must be in possession of a valid passport or travel document with a minimum validity of six months beyond the intended visiting period. Citizens of most countries do not require visas for social or business visits. For further information, please visit or call the nearest Malaysian diplomatic mission or Tourism Malaysia office.

CURRENCY The unit of currency is the Malaysian Ringgit, which is denoted as RM. Foreign currencies can be converted at banks and money changers.

## BANKING HOURS

Banks in most states are open from Mondays to Fridays. The operating hours are generally from 9.15 am to 4.30 pm . Some branches operate on Saturdays or extend their working hours on weekdays. In Kelantan and Terengganu, banks are closed on Fridays and Saturdays. Check the websites of the
relevant banks for more details. Online banking services are provided by most banks.

POST OFFICES Most post offices are open from 8.30am to 5.00pm daily except on Sundays and public holidays. In Kedah, Kelantan and Terengganu, they are closed on Fridays and public holidays.

WORKING DAYS Government offices in all states, with the exception of Kedah, Kelantan and Terengganu, operate on a five-day week from Monday to Friday. Some private establishments are open for half a day on Saturday. Government offices in Kedah, Kelantan and Terengganu are open from Sunday and Thursday. They are closed on Friday and Saturday.

TIME The standard Malaysian time is eight hours ahead of GMT and 16 hours ahead of the U.S. Pacific Standard Time.

ELECTRICITY The voltage used throughout Malaysia is 220 - 240 volts AC, at 50 cycles per second. Standard 3-pin square plugs and sockets are used.
MEASUREMENT SYSTEM Malaysia uses the metric system.
TELECOMMUNICATIONS Malaysia is linked nationally and internationally by telephone, facsimile and via the Internet. Most hotels provide International Direct Dial (IDD) telephone services and Wi-fi Internet connection.

GETTING TO MALAYSIA The main gateway to Malaysia is through the new Kuala Lumpur International Airport (KLIA) at Sepang, which is located approximately 50 km south of Kuala Lumpur. Other major international airports that serve as entry points are situated in Penang, Johor Bahru, Kuching, Kota Kinabalu and the island of Langkawi. Malaysia has two low cost carrier terminals (LCCT), which are situated in Sepang and Kota Kinabalu.

Over 40 international airlines fly into the country while the national carrier, Malaysia Airlines, has a global network that spans six continents. The airline is a full-fledged member of oneworld, one of the world's top three airline alliances. The national carrier is complemented by its subsidiary, Firefly, and the budget airline, AirAsia. The main entry point by sea is at Port Klang, about 50km away from Kuala Lumpur. Malaysia is also accessible by rail and road from Singapore and Thailand.

GETTING AROUND Malaysia has excellent domestic air links serviced by Malaysia Airlines as well as carriers such as AirAsia and Firefly. The country has a well-developed and efficient public transportation system served by buses, taxis as well as trains.

ACCOMMODATION Malaysia has a wide range of accommodation with competitive rates. International starrated hotels, boutique hotels, beach resorts, chalets, youth hostels and timeshare apartments are among the types of accommodation available.

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Malaysia Tourism Promotion Board (Ministry of Tourism, Malaysia)
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Tel: 60388918000 • Tourism Infoline 1300885050 (within Malaysia only) • Fax: 60388918999
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E-mail: mtpbkt@tourism.gov.my

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## New Delhi

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Website: www.malaysiajao.com

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c/o Consulate General of Malaysia
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There are six international airports in Malaysia.
All the states are linked with a good network of domestic airlines. www.malaysiaairlines.com | www.airasia.com | www.fireflyz.com

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## ECR (English) <br> April 2013

(TRAFFICKING IN ILLEGAL DRUGS CARRIES THE DEATH PENALTY)


[^0]:    The above listing is not exhaustive

    * Star rating

